

**Welcome to our
Values Assembly**

This month we will be exploring the value of ...





The Starfish Story

An old man was walking on the beach one morning after a storm. In the distance, he could see someone moving like a dancer.

As he came closer, he saw that it was a young woman picking up starfish and gently throwing them into the ocean. “Young lady, why are you throwing starfish into the ocean?”

“The sun is up, and the tide is going out, and if I do not throw them in they will die,” she said.

“But young lady, do you not realize that there are many miles of beach and thousands of starfish? You cannot possibly make a difference.”

The young woman listened politely, then bent down, picked up another starfish and threw it into the sea.

“It made a difference for that one.”

~ *Adapted from the original by Loren Eiseley*

LIFE'S A DANCE



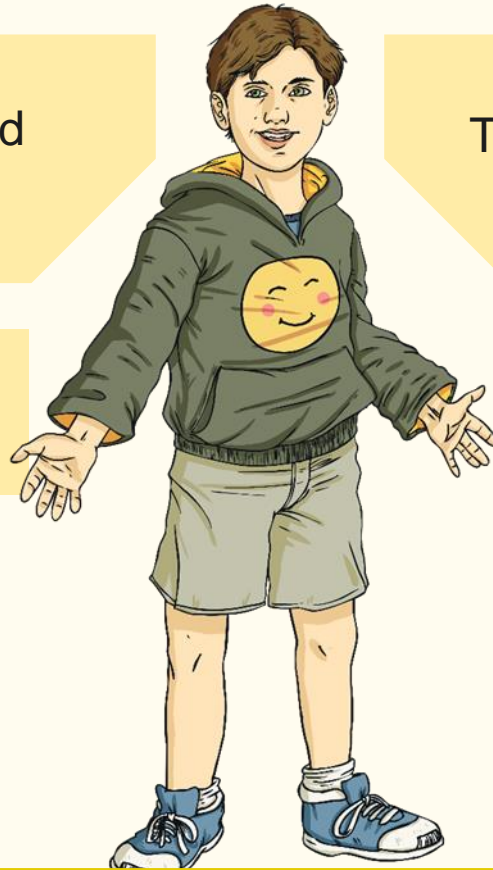
What Does It Mean to Be Thoughtful?

Being a nice person and a good friend.

Thinking about the needs of other people.

Being understanding.

Showing careful attention to details.



Have a THINK ...
When was the last time you were thoughtful?
Has anyone been thoughtful to you?

What Would a Thoughtful Person Need to Do?

To think about other people and what they would like or need.

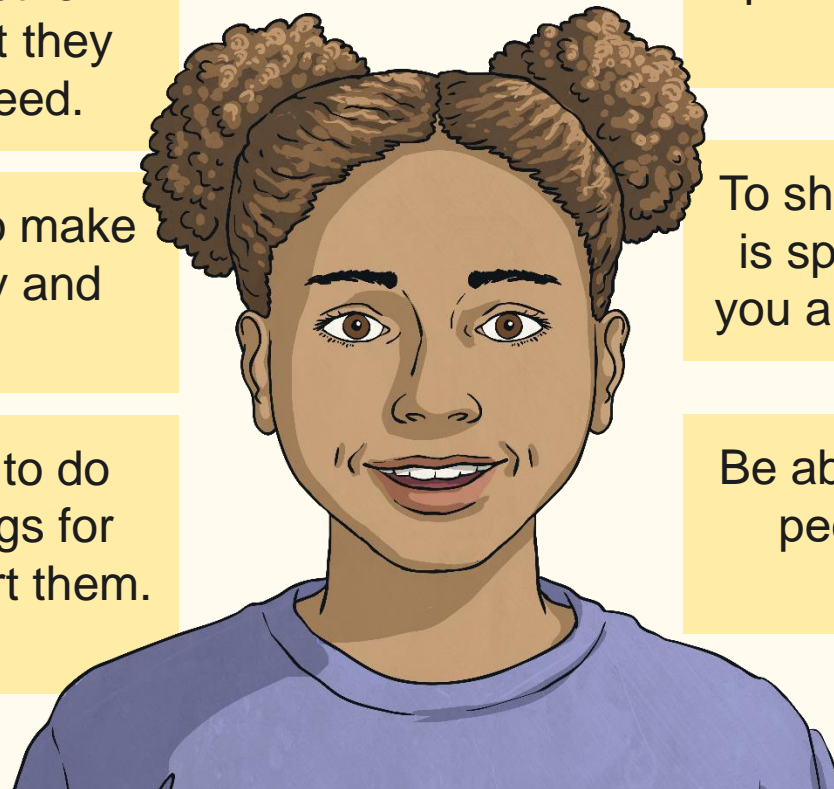
Speak kind or comforting words.

Smile at others to make them feel happy and relaxed.

To show the person who is speaking to you that you are really interested.

Use kind hands to do considerate things for others and not hurt them.

Be able to listen to other people's ideas and thoughts.



Think about which of these qualities you have.

Being Thoughtful Is about Recognising Feelings



How are these people feeling?

How could you be thoughtful to these people?



Upset



Scared



Angry

Ways to Be Thoughtful

- Say 'hello' to a friend or teacher.
- Use people's names when you speak to them.
- Ask questions and listen carefully to the answers.
- Apologise if you need to.
- If somebody needs a friend, be there to listen.
- Do something kind for somebody else.
- Give a compliment.



Time to Reflect

What can you do today to be thoughtful?

