



Sarah Ellis
Potential



natural flair
coaching and consultancy to
improve personal performance

DSPL | Delivering Special
Provision Locally

Achieving quality outcomes

Dacorum

Free Workshops for parents of children with additional needs

5th February 2019: Managing Anxiety 7-9pm

With an emphasis on separation anxiety: how we recognise and respond positively through solution focused strategies

26th February 2019: Why do they do that? 10-12 noon

Discover what lies beneath behaviour and strategies to prevent confrontation and meltdown

12th March 2019: Understanding the needs and experiences of siblings 7-9pm

Practical ideas for giving siblings attention, explaining difficulties and disabilities and supporting them with their feelings

Hobbs Hill Wood School, Peascroft Road, Hemel Hempstead HP3 8ER

Hemel Hempstead, HP1 2JU

Refreshments and resources provided

Please note that these Workshops are only open to Dacorum parent/carers'

**Information and bookings: Ashley Fabray, DSPL Dacorum,
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