

# If you are pregnant or a parent/carer of a child under 19 your local family centre would love to meet you.

## What happens at a family centre?

Hertfordshire's Family Centre Service brings children's centres, health visiting and school nursing together to provide a joined up service for children, young people and their families from pregnancy through to when a child reaches 19, offering a range of activities and services to help them grow and develop.

## Why should you register your family?

- By registering with a family centre you and your child/children can have fun, meet new people and learn together through activities.
- If you need help and support, the family centre will try and give you what you need.
- To give you the opportunity to be involved in all aspects of the family centre and help shape the services on offer.

For more information and to register visit

[www.hertsfamilycentres.org](http://www.hertsfamilycentres.org)

