|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| *AM*  *(around 30 mins)* | | | *15 min break* | *30 minutes* | *AM*  *(around 30 mins)* | Midday | *PM*  *(around 30 mins)* | *20 mins* |  | *20 – 30 mins* |
| **M** | Wake up and get dressed for the day to continue structure. | *Maths*  *(pages and specific learning will be on class blog)* | *Brain Break* | *Fitter*  *Futures*  *Activity* | *English*  *(pages and specific learning will be on class blog)* | Lunch | *Topic/Other*  *(any other ideas of learning for this period will be updated on class blog)* | *Online activity*  *(spelling shed, maths shed, SPAG.com* | *Free time – include something active* | *Reading before bed* |
| **Tu** | Wake up and get dressed for the day to continue structure. | *Maths*  *(pages and specific learning will be on class blog)* | *Break* | *Fitter*  *Futures*  *Activity* | *English*  *(pages and specific learning will be on class blog)* | Lunch | *Topic/Other*  *(any other ideas of learning for this period will be updated on class blog)* | *Online activity*  *(spelling shed, maths shed, SPAG.com* | *Free time– include something active* | *Reading before bed* |
| **W** | Wake up and get dressed for the day to continue structure. | *Maths*  *(pages and specific learning will be on class blog)* | *Break* | *Fitter*  *Futures*  *Activity* | *English*  *(pages and specific learning will be on class blog)* | Lunch | *Topic/Other*  *(any other ideas of learning for this period will be updated on class blog)* | *Online activity*  *(spelling shed, maths shed, SPAG.com* | *Free time– include something active* | *Reading before bed* |
| **Th** | Wake up and get dressed for the day to continue structure. | *Maths*  *(pages and specific learning will be on class blog)* | *Break* | *Fitter*  *Futures*  *Activity* | *English*  *(pages and specific learning will be on class blog)* | Lunch | *Topic/Other*  *(any other ideas of learning for this period will be updated on class blog)* | *Online activity*  *(spelling shed, maths shed, SPAG.com* | *Free time – include something active* | *Reading before bed* |
| **F** | Wake up and get dressed for the day to continue structure. | *Maths*  *(pages and specific learning will be on class blog)* | *Break* | *Fitter*  *Futures*  *Activity* | *English*  *(pages and specific learning will be on class blog)* | Lunch | *Topic/Other*  *(any other ideas of learning for this period will be updated on class blog)* | *Online activity*  *(spelling shed, maths shed, SPAG.com* | *Free time – include something active* | *Reading before bed* |