

To book visit: <https://nessieined.com/events/>

# UPCOMING ONLINE WORKSHOPS

| Workshops   | Dates                            | Times            |
|---|----------------------------------|------------------|
| Supporting Siblings of Children with Additional Needs       | Monday 11 <sup>th</sup> January  | 1:00pm - 2:30pm  |
| Teenage Years – Supporting Children with Additional Needs   | Monday 18 <sup>th</sup> January  | 7:00pm - 8:30pm  |
| Beginning of the Journey – Understanding the SEN World      | Monday 25 <sup>th</sup> January  | 10:00am -11:30am |
| 0-8 Years – Supporting Children with Additional Needs       | Monday 1 <sup>st</sup> February  | 1:00pm -2:30pm   |
| Supporting Your Child with Anxiety and Change               | Monday 8 <sup>th</sup> February  | 1:00pm -2:30pm   |
| Managing Meltdowns  | Monday 22 <sup>nd</sup> February | 7:00pm -8:30pm   |
| Girls and Women – Supporting Children with Additional Needs | Monday 1 <sup>st</sup> March     | 10:00am -11:30am |
| Supporting Your Child with Anxiety and Change 2             | Monday 8 <sup>th</sup> March     | 1:00pm -2:30pm   |
| Positively Supporting a child who Self-Harms                | Monday 15 <sup>th</sup> March    | 1:00pm -2:30pm   |

Funded by Hertfordshire County Council and open to residents of Hertfordshire.



**NESSie**

Supporting Positive Mental Health in Schools



**Angels**  
Registered Charity 117039

**AUTISM & ADHD SUPPORT**  
for parents/carers of children with  
ADHD and/or on the Autistic Spectrum