



Values Newsletter

Dear Parents/Carers,

The value for the month of **January** is '**Determination**'.



We will start exploring this value by thinking of Determination as 'not giving up when things get difficult'. Many of us make New Year's Resolutions in January but we can make resolutions at any time of the year. **Determination** is key to our success in making the changes we are wishing for. Whether you have made a resolution or not, the value of **determination** will only help in a positive way. For our children, we encourage them constantly to try their best, to not give up when they find things difficult and to welcome challenges. We teach them strategies to help them when they get stuck and to persevere when things get tough!

Below are some websites which you, as parents or carers may find useful. In the world of education, the focus on independent learning, developing resilience and 'grit' is growing rapidly. In a world full of challenges both in school and out of school, the value of Determination is one which will enable our children to take the opportunities presented to them – and to make the best of them!

Five Tips for Teaching Kids the Value of Hard Work and Determination

<http://talltreesgrowdeep.com/teaching-kids-value-of-hard-work-and-determination/>

Rescue Your Kids From "Affluenza"; Teach Them Grit!

This one is about developing athletic skills - but it's still very relevant to all of our children and reinforces growth mindsets – a really good site (the short film is excellent) for parents to help their children become more determined

<http://changingthegameproject.com/rescue-your-kids-from-affluenza-teach-them-grit/>

The introductory assembly is on the school website <http://www.tudor.herts.sch.uk>

Please encourage your child to re-look at it with you and share your thoughts about the value of Determination.

With best wishes

Maxine Smith
Deputy Head teacher