

# DENS Dacorum Foodbank

## Harvest List 2019

- ✓ Tinned Meat/Tuna
- ✓ Tinned Tomatoes
- ✓ Sponge Puddings/Jelly
- ✓ Tinned Fruit
- ✓ Rice Pudding
- ✓ Custard
- ✓ Tinned Soup
- ✓ Cooking Sauces
- ✓ Tinned Peas
- ✓ Tinned Sweetcorn
- ✓ Rice
- ✓ 10p Carrier Bags
- ✓ Long-life Milk
- ✓ Long-life Juice
- ✓ Potatoes (Tinned/Smash)
- ✓ Jams & Spreads
- ✓ Cereal Bars
- ✓ Biscuits
- ✓ Coffee
- ✓ Washing Powder/Liquid (small)
- ✓ Shampoo
- ✓ Deodorant

### Please note that:

- We request that all Items are within their best before date and unopened.
- **At the moment we have good supplies of Baked Beans and Cereal.**
- All these items will be used to help those in need across DENS Services, supporting the Elms, Day Centre and Foodbank.

**Thank you for your support.**

**For donations/deliveries, Weekdays 9:30am - 1pm** The Hub, Paradise, Hemel Hempstead, HP2 4TF

For large donations please call to arrange.

**There are also donation points after the checkouts at: Tesco Extra Hemel, Tesco Berkhamsted, Tesco Tring, Sainsburys Apsley & Woodhall Farm, and Waitrose Berkhamsted**

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