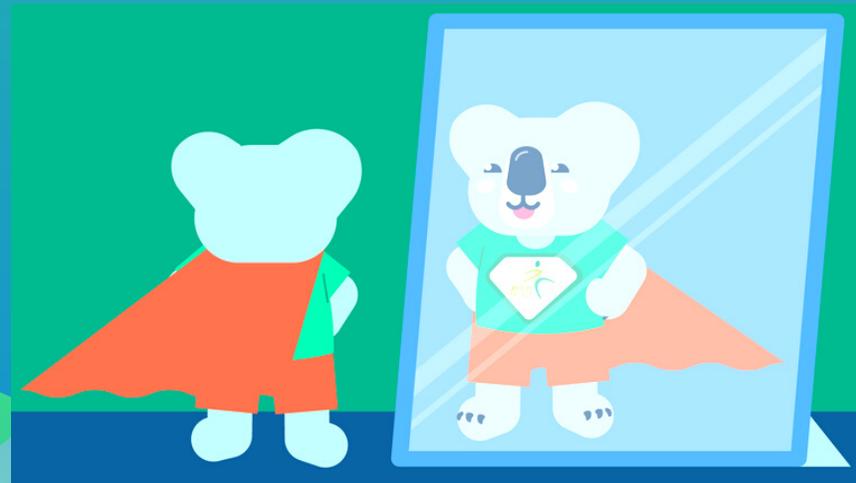




WELCOME TO FITTER FUTURE



WHAT IS FITTER FUTURE

Fitter Future is a series of online fitness exercises and mindful moments designed to get children up and active whilst at home and fight childhood obesity.

Our Be Mindful programme gives children the tools to improve their emotional and mental well-being.

WHY PARENTS LOVE FITTER FUTURE

Fight childhood obesity

Equip children with the tools to improve their emotional and mental well-being

Increase concentration

Decrease behavioural issues

Increase awareness of their feelings and emotions of others

Easy to use

Fun for children

Free home access

Data to prove impact

HOW TO LOGIN



Go to www.fitterfuture.com



Click 'Sign In'



Select 'Student'



Enter your username and password



Once logged in select 'Get Active' or 'Be Mindful'