

Dear Parent,

Fitter Future are delighted to have teamed up with your child's school and we're really excited that you too are on board with us as we offer our holistic approach to children's wellbeing.

We want to inspire families to join us on our journey. Fitter Future is completely free to use from home. All of our exercises are short, fun and have a real positive impact. No equipment is needed, and they can all be completed in the smallest of spaces.

Every time your child completes an exercise, their class teacher is notified and has the option to print out a personalised certificate as a record of achievement. There are also monthly Fitter Future challenges that encourage adult participation! All at zero cost.

To use Fitter Future, please do the following:

Website: www.fitterfuture.com

Username: **tudor primary2**

Password: **4u2l9**

On the site there is no social networking or interaction with any other child. There is no obligation for you to share contact details with us and unless you opt in, there is no marketing material sent to you.

If you have any questions or wish to discuss how your child can use Fitter Future, for free please call us on 08446932220 or email info@fitterfuture.com

WE HOPE YOU ENJOY USING FITTER FUTURE



Doug Berlin

Co-Founder of Fitter Future