

Parent / Carer Sensory Information Sessions

Places are now available to book on our Spring Term information sessions for parents and carers



Innovative



Caring



Agile

Understanding your child's sensory preferences

How do our sensory likes and dislikes affect the choices we make in everyday life? How do children develop their sensory awareness?

“Very useful to understand sensory needs and some ideas of how to support them”

Comment from a parent who attended a session

Our Understanding Sensory preferences information session is for parents and carers who would like to know more about their child's sensory development. They focus on sensory development for younger children, thinking about how this can influence an older child's sensory likes and dislikes. It offers practical advice and strategies that you can try at home with your child.

These sessions provide an introduction to the topic of sensory processing for parents and carers. They provide initial information and advice for families who are worried about their child's sensory development.

BOOK YOUR PLACE FOR 2021:

- **Tuesday 26th January 1.30 – 2.30 pm** <https://tinyurl.com/y2q54a45>
- **Thursday 18th February 1.30 – 2.30 pm** <https://tinyurl.com/yxh4647z>
- **Wednesday 10th March 10.30 – 11.30 am** <https://tinyurl.com/yxcr9yy6>

We are also offering parent information sessions on supporting your child's self-regulation. To find out dates of these and other training opportunities please visit our CYP Therapies – Occupational Therapy Service webpage

<https://www.hct.nhs.uk/our-services/childrens-occupational-therapy/>

Children & Young People's Therapies Service

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