



Values Newsletter

Dear Parents/Carers,

Our focus value for the month is **INDEPENDENCE**.

As parents, we want nothing but the best for our children which is why we are so inclined in attending to their needs. It is a way we express our love. However, to give children the opportunity to become successful in life, we also have to teach them independence. Here are the reasons why children ought to learn independence.

It enables children to gain first-hand knowledge. When children get the chance to do things on their own, they are more likely to learn things efficiently. This is because they learn through trial and error. Through making mistakes, children also have to learn to face consequences.

It enhances children's self-esteem. Do you remember the feeling you had when you achieved something on your own? Children also feel that same sense of self-worth when they too accomplish things on their own and this in turn makes them more confident when facing new challenges - which is important in preparing them for real life trials.

It prepares children to handle failure and stress. Practicing children to handle stress is easy, if they have the chance to become independent. Allow them to experience failure and eventually, they will learn to manage these feelings in a more positive way. Just be there to support, whenever they need to share.

It gives the opportunity to choose what will make them happy. Children need to practice to make choices. To develop their emotional maturity, they have to learn how to decide on their own but allow them to do this by giving them choices in which to choose. Children can then have the freedom to pick one, and as they do so, learn that in life they cannot have everything.

After lots of practice, children will enhance their skills and learn right and wrong, develop their personality, and make decisions. To learn the ways of life, children need to experience life. From this they will grow up strong, be ready to take on life challenges, become more emotionally secure and most importantly, be happy.

With very best wishes

Maxine Smith
Deputy Head teacher