

Be Bright
Be Seen



Seasons of the year



What
happens in
Autumn?

The clocks go
back 1 hour!



Summer



Autumn/Winter





Darkness



Foggy



Rainy





Be bright in the
daytime



How can a cyclist be seen in the day time?

Bright Helmets!

Bright clothing and Bags!





What about in
the night
time?





Be shiny in the night time





Be flashy.



Be shiny.



Be reflective.



What about when
I am riding a bike
in the night time?



Helmets



Lights



Gloves

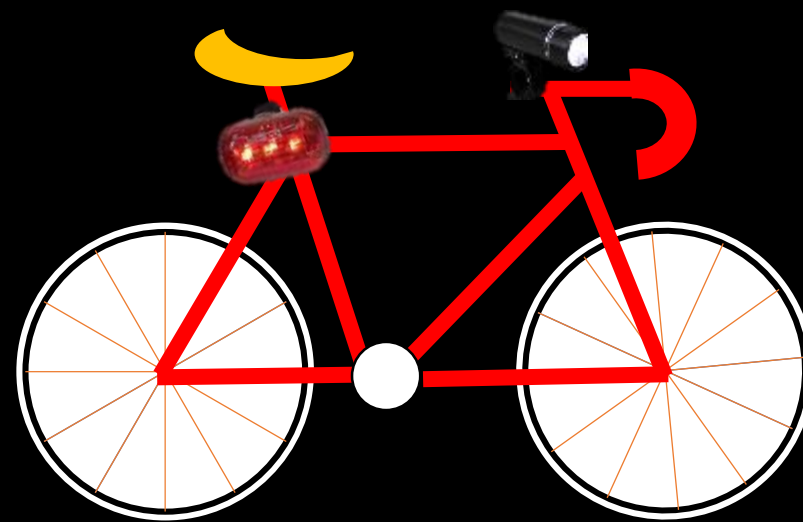
Things you could wear!



Reflective belt



Reflective strips





Who needs to
be seen?





School Children!



What else can I wear?

Remember!

Fluorescent colours are the brightest you can see, often yellow, orange and pink.

Reflective material shows up in the dark when car headlights and street lamps shine on them.

Be Bright, Be Seen – Be Safe

Be Bright
Be Seen