



**Redwood Drive  
Hemel Hempstead  
Herts HP3 9ER**

Headteacher: Mr Rob Weightman  
Telephone: 01442 256294

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Monday 11th November, 2024

Dear Parent/Carer,

**RE: NSPCC's *Speak out. Stay safe.* online programme**

I am pleased to tell you that this term we will be participating in the **NSPCC's *Speak out. Stay safe. online*** programme. This consists of an online assembly and supporting classroom based activities that will be taking place on Tuesday 19<sup>th</sup> November. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

In the online assembly, the *Speak out. Stay safe.* messages are delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec. We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

In addition, alongside the assembly, NSPCC volunteers will be leading face to face workshops for children in years 5 and 6 **Tuesday 26<sup>th</sup> November.**

If you would like to know more about the *Speak out. Stay safe.* Programme the NSPCC have shared some important information below.

**Parent/Carer support**

Take a look at information, support, advice and activities from NSPCC for parent and carers.

[www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents)

**Activities to extend learning at home**

Take part in games and activities at home to help children learn about speaking out and staying safe.

[www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities)

### Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

[www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety)

### Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

[www.childline.org.uk/buddy](http://www.childline.org.uk/buddy) (5-7)

[www.childline.org.uk/kids](http://www.childline.org.uk/kids) (7-11)

### Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at

[www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

Thank you as always for your continued support,

Maxine Smith

Deputy Head and Designated Safeguarding Lead

