



## Values Newsletter



Dear Parents/Carers,

Our focus value for the month of **January** is **ASPIRATION**.

A lot of children have big dreams about what they want to do as adults - whether that's to become a professional athlete, or a teacher - but have no idea of what it takes to get there. Dreaming about the future is important, but without a plan, it often ends with just that - a dream.

You might think that your child's dreams are unrealistic. However, that might be the negative adult inside you. You should believe in your child because they believe in themselves - and you may be the only support they have. As parents, we have more control over whether our children achieve their dreams than we might think. For children, parents are inspiration, motivation and leadership.

Websites that offer some tips on 'Going for goals' are:

<https://firstprinciples.com.sg/supporting-childhood-aspirations-practical-tips-and-8-ways-to-foster-growth/>

<https://www.pickthebrain.com/blog/5-ways-to-help-your-children-turn-their-dreams-into-reality/>

<https://www.understood.org/en/articles/help-child-set-personal-goals>

It's no exaggeration to say that childhood experiences affect us for a lifetime. As parents, we all aspire to create the best environments for our children to thrive and develop. For me, that comes down to one core message – making sure that children believe in themselves. With that building block in place, they can do anything they want to.

With very best wishes

Maxine Smith  
Deputy Head teacher