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Wednesday 19th November, 2025

Dear Parents/Carers,

In our PSHE lesson today, we discussed the NSPCC's Underwear Rule with the help from Buddy, the NSPCC mascot. This is designed to teach pupils how to stay safe and for them to know that their 'privates' are private. We practiced saying 'No!' if anyone asks to look under our pants or touch under our pants and to tell a 'grown up' straight away – even if they are told to keep it a secret.

We are always fully committed to safeguarding the children here at Tudor school and this is just one aspect of helping children to understand how to keep themselves safe. The lesson was delivered in a way that was fully age-appropriate.

More information about the Underwear Rule, including a short film that was shared with the children today, and a parent guide can be found at:

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/underwear-rule/

Thank you for your continued support

Maxine Smith

Deputy Head teacher